







COLONIC HYDROTHERAPY

X

X

Initial Colonic Hydrotherapy \$151 Subsequent Colonic Hydrotherapy \$136

INFRARED SAUNA

Single Person	\$36
Sauna for Two	\$56

REMEDIAL & RELAXATION MASSAGE

30 min Relaxation Massage	\$81
45 min Relaxation Massage	\$99
60 min Relaxation Massage	\$111
90 min Relaxation Massage	\$161

FLOATATION THERAPY

45 min Floatation Therapy	\$71
60 min Floatation Therapy	\$81
90 min Floatation Therapy	\$99
120 min Floatation Therapy	\$121

LYMPATHIC DRAINAGE MASSAGE

30 min Lymphatic Drainage Massage	\$96
45 min Lymphatic Drainage Massage	\$116
60 min Lymphatic Drainage Massage	\$126
90 min Lymphatic Drainage Massage	\$176

DIETITIAN

COMPRESSION

Initial Consultation - 60 minutes	\$140
Subsequent Consultation - 30 minutes	\$85

MYOTHERAPY/SENIOR MYOTHERAPY

30 min Myotherapy	\$86/\$96	Compression	\$26
45 min Myotherapy	\$116 / \$121	5 Pack	\$120
60 min Myotherapy	\$126 / \$131	10 Pack	\$220

X

Memberships and Packages also available



















X

EXERCISE PHYSIOLOGY

X

X

	1:1	2:1
Private Consultation		
30 mins Private Exercise Physiology	\$83	\$41.50
45 mins Private Exercise Physiology	\$111	\$62.50
60 mins Private Exercise Physiology	\$126	\$81

EXERCISE CLASSES

Personalised Exercise Classes	
Single Pass / Online Single Pass	\$38 / \$25
Seniors Single Pass	\$31
Clinical Reformer Pilates Class	
Single Pass	\$38

PHYSIOTHERAPY

Private Initial Consultation	\$126
Private Standard Consultation	\$106
Private Extended Consultation	\$126

NATUROPATHY

\$160
\$90
\$90
\$90

Return Consultation 30 minutes:

AII \$75







Book a treatment or class now!

We take pride in getting to know each client and develop a customised treatment plan to achieve your health goals.

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